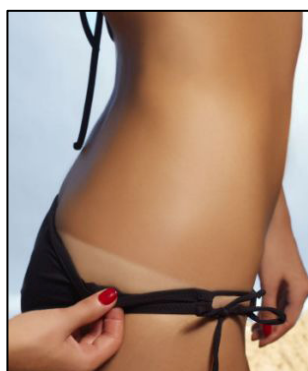




July Tanning Package



This month we are offering you a Salt Glow & Moisturise treatment and a St. Tropez Spray Tan for just £45. These treatments are usually £60 together but for the month of July they are at the special rate of £45.

The Salt Glow & Moisturise is a luxury body exfoliation treatment. The body is exfoliated using mineral salts and massage oil. Dry skin is removed, leaving the skin soft and smooth. An application of rich mineral body lotion is massaged into the skin to rehydrate and moisturise.

The St. Tropez Spray Tan is an all over tanning treatment completed in less than 20 minutes. No mess, no fuss and definitely no streaks or orange patches.

Normal price for both treatments: £60

Offer price throughout July: £45

Both treatments must be taken in July 2010. Our recommendation is to have the Salt Glow & Moisturise 2-3 days prior to the spray tan. Vouchers cannot be used in conjunction with this offer.

St. Tropez Classic

Since the launch of the Spray Tan, the Classic Tan has taken a back seat.

But we want to let you know that sometimes, the Classic Tan is still the best option.

For example, the Spray Tan will last 5 - 7 days with good aftercare, whereas the Classic Tan will last 7 - 10 days with good aftercare.

With the Spray Tan, you need to exfoliate at home, whereas with the Classic Tan, we do the exfoliation for you.

The Spray Tan takes less than 20 minutes giving it the advantage of being quicker than the Classic which takes 60 minutes.

The Classic Tan begins with an all over body polish to remove dry,

St. Tropez Gradual Tan Products

If you're nervous about tanning, why not try a gradual tan product? St. Tropez have a whole range dedicated to gradual tanning. A gradual tan product has no colour to it when you first apply it because it has a very small amount of DHA in it which is the tanning ingredient. These products are used in the same way as body lotion. After showering, apply the gradual tan product to the skin and leave it on. Over a few days the tan will build up to a sunkissed glow. When you're happy with the colour you would use a body lotion for a few days and then use the St. Tropez again when the colour starts to fade.



The beauty of the gradual tan products is that if you miss an area one day, you're likely to catch it the next so you won't have white patches.

There are three different gradual tan products to suit your tanning preference. The Gradual Tan Everyday Moisturiser is a lightweight lotion for those who like to apply a cream to the body. The Gradual Tan Everyday Mousse is for those who like to use a mousse (with a mitt if necessary). The Gradual Tan Spray is for those who have little time to apply body lotion and need to cover large areas fast. It is also quite useful for the back area and other hard to reach areas.

Everyday Moisturiser 200ml £14

Everyday Mousse 120ml £20

Applicator Mitt £3.50

Spray 200ml £20

Perfect Legs Offer

If you have difficulty trying to get some colour on your legs in the sun, why not try a St. Tropez Perfect Legs treatment? We

dead skin cells. Moisturiser is then applied to naturally dry areas such as elbows, knees, hands and feet before the bronzing lotion is applied to give the colour. You will need to leave the product on the skin for at least 4 hours before showering off to reveal a gorgeous golden tan.

St. Tropez tanning products work with your natural colours and tones to ensure you're not left with a tan which is unnaturally dark. This also ensures that once an area is covered with the tan, it will develop into the desired colour, even if the application looks uneven. So, as long as the whole body is covered, you will have the perfect tan.

Classic Tan £44



Models Required

Treatment models are required for our training courses. All therapists are fully qualified in Beauty Therapy but training with the Ahava treatments. Treatments are constantly supervised by a trainer.

will exfoliate the whole leg and foot area, apply moisturiser to knees and feet and finish off with the bronzing lotion to give the colour. You will leave the product on for at least 4 hours before showering it off to reveal a gorgeous golden tan on your legs!

Normal Price: £30

Offer Price: £15

This offer is available throughout July and is not available in conjunction with any other offer or voucher.



Tantastic Day!

On Tuesday 13th July we are having a Tantastic Open Day! The salon will be open house from 4pm until 8pm giving you the chance to pop in and have a look around. We will have different stations set up in the treatment rooms focusing on St. Tropez tanning products.

If you've always wanted to know what happens during a spray tan but you're too afraid to book one, you can find out on the day. We'll have demos throughout the day of different tanning treatments, and you'll also get the chance to have a play around with the products, ask any questions about them and get some expert advice on how to apply them.

So join us anytime between 4pm and 8pm for a glass of wine, sparkling water, or fruit juice to discuss your tan queries. We'll have a range of the products open for us to demonstrate on you or for you to practice on yourselves.

Hayfever & Homeopathy

Looking forward to dry, sunny days? Maybe not if you suffer from **hay fever!**

Millions of us look forward to basking in the sun, and enjoying a garden full of fragrant flowers as summer starts to weave its magic. However, for **hay fever** sufferers, summer heralds the start of a season of misery. It is estimated that a fifth of the

Courses are generally held between 10am and 6pm and we need models for face and body treatments. If you are available during the day to help us out please call the salon on 01280 816101 and we will call you when we have a training course coming up. There is no charge for this but we must remind you that it will be a training environment with up to 4 students in the room at one time.

Ahava SunCare

If you're going on holiday this summer, don't forget your sunscreen! We have limited Ahava sunscreen available at reduced rates. We have SPF15 Cream and Spray, SPF30 Cream and Spray and Aftersun balm all at the special price of £10 each. These products normally retail between £18.50 and £21.50 so grab yourself a bargain.

All the sun care is water-resistant for up to 80 minutes and contains minerals beneficial to the skin.

Alternatively, we also have our 40ml Travel Size SPF30 Suncreams and Aftersuns which are ideal for handbags - don't get caught in the sun without your cream! These are £4 each, two for £7 or three for £9.

population dread this time of year because they suffer from hay fever or similar allergies. They can expect to experience a range of respiratory disorders, together with sneezing, itchiness and watery eyes.

Hay fever is an allergy where the immune system of sufferers overreacts to pollen and spores. It usually occurs throughout spring and summer, when pollen and spore counts from trees, plants, grasses, fungi and moulds are at their highest. When the body comes into contact with pollen, the lining of the nose, mouth and eyes release a chemical called *histamine* which causes an allergic reaction.

Here is a brief list of **homeopathic remedies** that can help hay fever sufferers, which includes some of the key prescribing symptoms. Please note this is only intended as a guideline.

- . *Allium Cepa* 30C – dripping nose with burning discharge, violent sneezing, stinging, watery eyes
- . *Arsenicum Album* 30C – sneezes because of tickling feeling in nose, burning sensation in eyes, nose and throat, discharges may be acrid.
- . *Euphrasia* 30C – eyes the biggest problem, with itchy and dry eyes, and burning discharge. Tickling cough, intense sneezing, runny nose with bland discharge.
- . *Pulsatilla* 30C – bland watery nose and eyes, worse in the heat, eyes itch and feel gritty, and may produce yellowy discharge. Lots of sneezing.
- . *Sabadilla* 30C – constant, maddening tingling in nose, burning and redness of eyes, sneezing provokes tears. Eyes watery and burn.

Helen has been with the Taylor Made Group for 4 years now offering Homeopathy and Allergy Testing. Homeopathy can be used to treat a broad range of complaints. Visit her website at www.allnatural-radiance.co.uk to find out more or call her directly on 0790 324 8859

Helen is offering **£10.00 off first appointments** booked with her until the end of July.

Massage-a-thon!

Yes it's coming up for that time of year again! After the success of last year, raising £1063 for Breakthrough for breast cancer, we have decided to hold our Massage-a-thon again. This year it will be Thursday 14th October from 9am - a date for your diaries! We are aiming to beat last year's figure, fingers crossed!



If you would like to book any of the above offers or purchase any products, please call the salon on 01280 816101, email info@taylormade-group.com or alternatively pop in to the salon at 23 West Street, Buckingham, Bucks. MK18 1HE. We advise calling ahead if you are popping in, to ensure someone is around to greet you.